

CYP PUBLIC HEALTH SERVICE – SCHOOL NURSING



Dorset HealthCare
University
NHS Foundation Trust



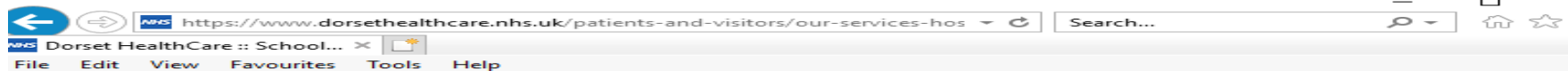
School Nursing works across Education and Health, providing a link between the school, home and the community. Our aims are;



- To promote the health and wellbeing of all children and young people
- To work with families and young people from five to nineteen years of age
- To work with one school or a group of schools depending on an identified need
- To work together with other Health Services, Education, Social Care and Voluntary Agencies to give children and young people the support they need

- School Nursing staff work with all school age children
- We offer regular drop-in sessions in infant, junior and primary schools with no appointment needed.
- Parents/Carers can ask your child's school for details of when the drop-in sessions are held, or check your School's Newsletter.
- We provide community based clinics for children, from the age of 7, experiencing problems with Enuresis (night time wetting).
- We are also able to refer and signpost to other relevant services and Professionals.





School Nursing

School Nursing sits within the Children and Young People's Public Health Service 0 to 19, alongside Health Visiting. School Nursing teams work with children, families, school staff and other agencies to support the health and well-being of school-age children across Dorset.

Every school in Dorset has a named school nurse, who maintains regular contact with their school to promote healthy lifestyles and offer practical advice, information and support.

School nurses can provide:

- health screening and assessments
- healthy eating, weight management and physical activity advice
- immunisations
- parenting advice
- emotional health & well-being support
- bed-wetting (enuresis) clinics
- hearing tests
- parent/carer/school staff drop-in sessions (primary schools only)
- 1:1 appointments with young people
- referrals and/or signposting to other services
- ChatHealth text messaging service
- NCMP growth measurements in Yr R and Yr 6
- training for school staff to deal with emergency epilepsy and allergic reactions
- support around safeguarding / child protection issues.

Healthy Ted



- “Healthy Ted” is used as a health education tool by the School Health Nursery Nurses to talk to the children about ‘keeping healthy’ and the screening checks we offer to them.
 - During the Autumn term a School Health Nursery Nurse will visit each reception class to introduce themselves to the children, with the help of “Healthy Ted”.
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What is the National Child Measurement Programme?

Every year one million Reception and Year 6 children are weighed and measured through the NCMP, which:

- helps government to plan and provide better health and leisure services for children
- gives you feedback on how your child is developing and a chance to think about any changes you can make to keep them as healthy as possible



change
4life
Eat well. Move more. Live longer.

- Public Health England (PHE) needs to have a good understanding of how healthy children are, so that the best possible health services and advice can be provided for the children, their families and school communities, where needed.
- As a result, a National Child Measurement Programme (NCMP) has been set up, to weigh and measure children, in England, in Reception and Year 6.
- Along with PHE the School Health Nursery Nurses will give feedback on how your child is developing and advice on changes you can make to keep them healthy.



As part of the Healthy Child Programme, all children will have a hearing check during their first year in school. This is to ensure that any hearing problems do not impact on your child's learning and development.

- You will be given a Health Check questionnaire—please complete and return it to your child's school.
 - The hearing results will be returned to Parents/Carers in writing via the child the same day.
 - If a problem is identified, the School Health Nursery Nurse will share the results with the child's teacher.
 - A referral to the Audiology Service may be needed, once consent has been given by the parent/carer.
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A Drop-in is an open access service that School Nursing aims to provide in every infant, junior and primary school. Drop-ins provide parents/carers and school staff with the opportunity to “drop-in” without an appointment, to discuss any aspect of a child’s health or well being with a School Health Nursery Nurse.

School Nursing can also support you with advice on the following issues;

- Bed Wetting
- Behaviour
- Nutritional Advice
- Sleep
- Toileting
- Emotional Wellbeing



CONTACT NUMBERS FOR THE SERVICE



Dorset HealthCare
University
NHS Foundation Trust

- **Bournemouth - 01202 443035**
- **Poole - 01202 691520**
- **Christchurch - 01425 891157**
- **West Dorset, Weymouth & Portland - 01305 752395**
- **North Dorset, East Dorset & Purbeck - 01425 891153**



Every Child Deserves a School Nurse
